

Level 0 Workbook 1



Screen-free learning resources that build multiple skills.



Content Partners



Check if this Workbook is right for you.



Answer the following questions in 20 minutes.

- 1. Draw one thing that starts with the letters B, M, and K.
- 2. Skip-count by 2s. Write the missing numbers:
 - 2 4 ____ 10
- 3. Re-arrange the pictures to form a story.









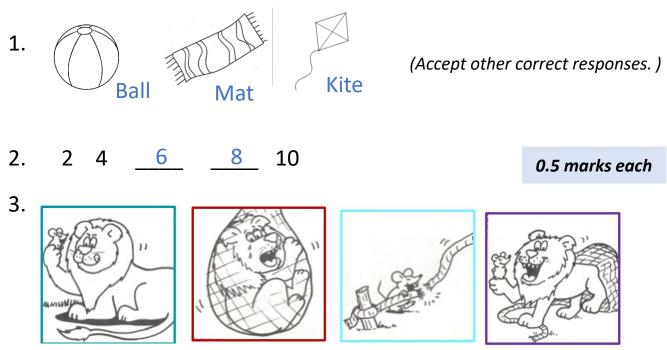
- 4. Give a title for the story above.
- 5. Is the language below correct? (Yes / No) What old are you?
- Arrange the following from smallest to biggest:
 24, 18, 2, 9, 30, 15
- "I loved my birthday. I had so much fun!". Tick the emotion:
 Angry Surprised Irritated Sad
- 8. Name any 2 sounds we hear and 2 different tasting foods.

Check your answers using the key on the next page.





Give 1 mark per question, if answered correctly.



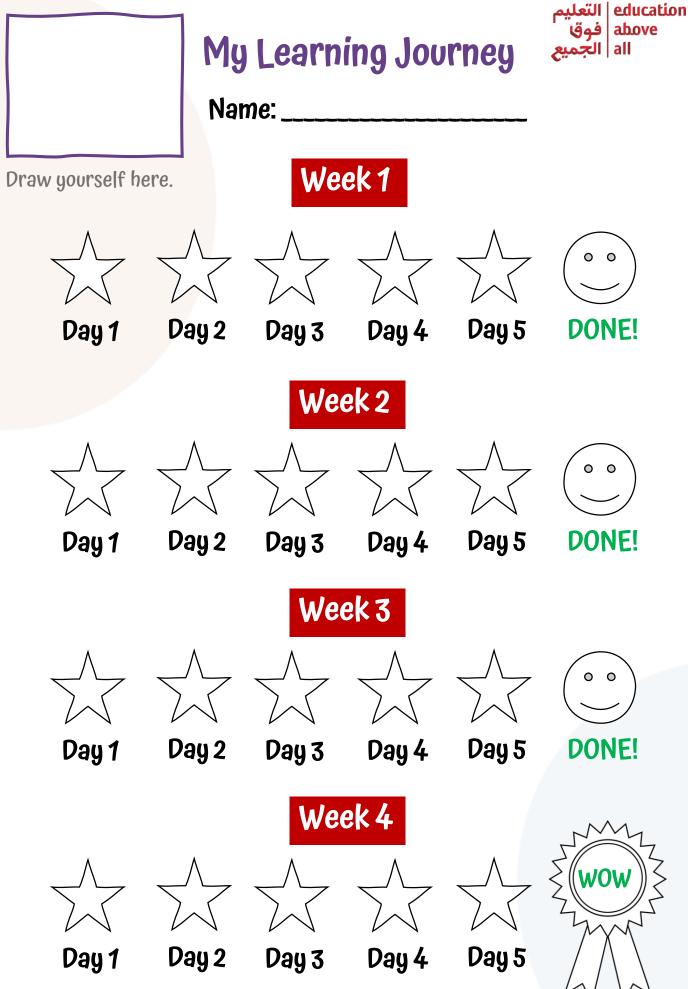
(Any other order that forms a logical story can be considered.)

- 4. The Lion and the Mouse, The Kind Mouse, etc. (Any appropriate title that matches the order can be accepted.)
- 5. No. The question should be "How old are you?".
- 6. 2, 9, 15, 18, 24, 30
- 7. Surprised
- 8. Sounds: Alarm, People's voices, Birds chirping, cars, etc. Taste: Lemon, salty chips, sweet ice-cream, etc.

0.25 marks each

If your score is:

Less than 3	Use the Literacy Foundation Workbook	
Between 4 to 6	This workbook is right for you!	
7 or 8	Use the Literacy Workbook 1 for Level 1	





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Draw how you feel everyday in your notebook.



Week 1 Overview





Project-Based Learning

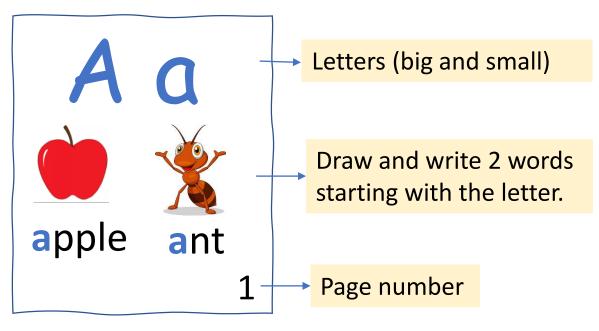




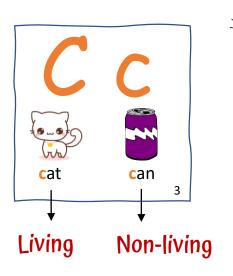


Can you make your own Alphabet Book?

1. Make each page like this:



2. Make the pages for **A**, **B**, **C**, **D**, **E**, and **F**.



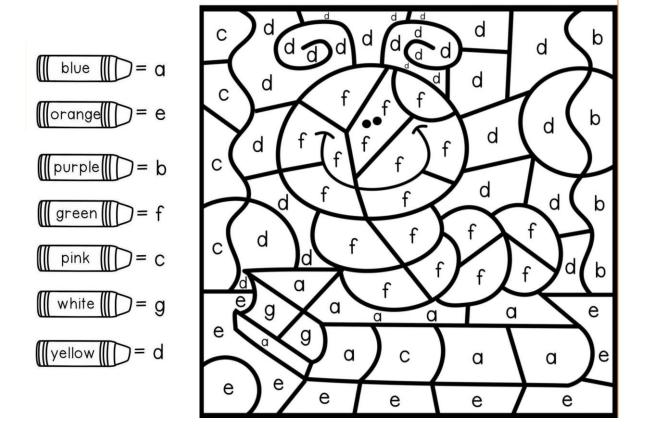
What makes something living or non-living? In your book, identify the living and non-living things by writing **L** or **NL** next to it.

Day 1 Worksheet - Hidden Things

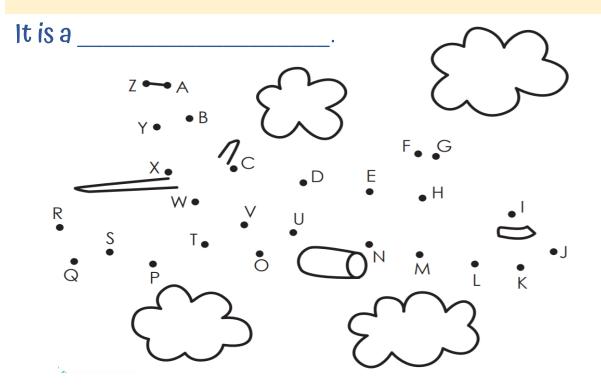


7

Follow the code and colour the image. What do you see?



Connect the dots from A to Z and colour the picture.



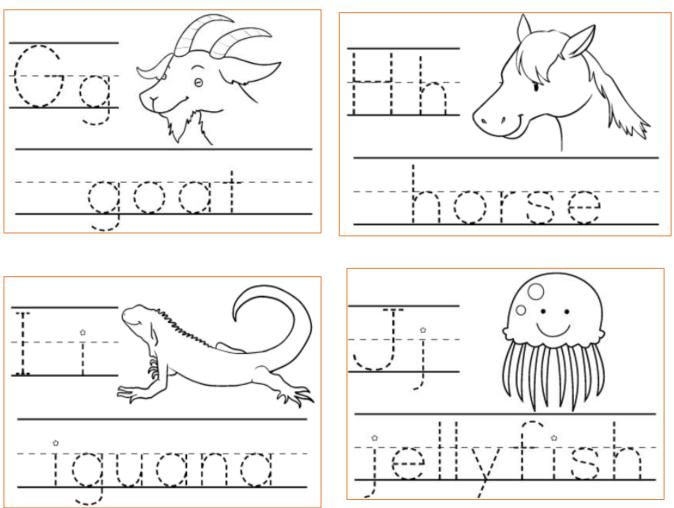
Day 2 Project-Based Learning

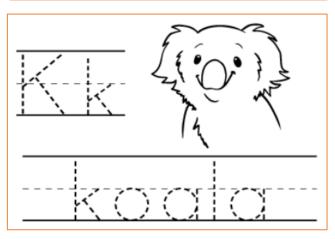


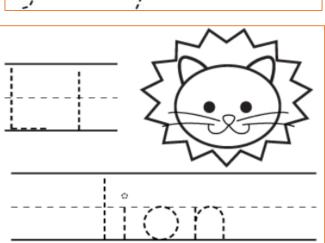
ABC By Me

Make the pages of your Alphabet Book for the following letters:

Trace the letters.









Stick Numbers

Game Set-Up

- 2 to 5 players
- 10 Toothpicks / Twigs/ Small
 Sticks per player

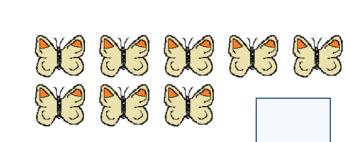
How to Play:

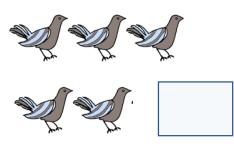
Let's Revise!

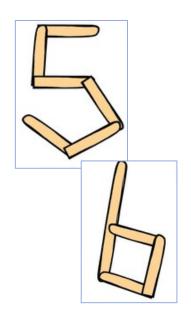
- Write the numbers 1 to 10 using the sticks using the least number of sticks.
- For each number, who used the least number of sticks?
 They get 1 point.

Who won the most points? They win the game!

Write the number of animals in the box.







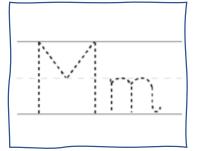


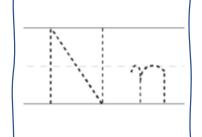
Day 3 Project-Based Learning

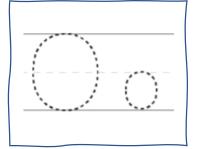


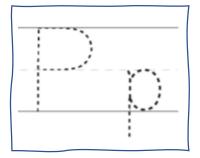
ABC By Me

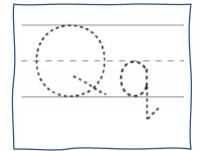
Make the pages of your Alphabet Book for the following letters:

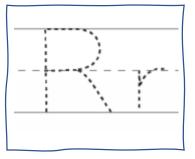






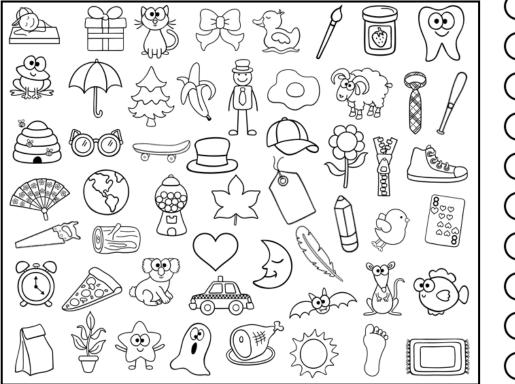






Let's Learn!

Read the word and circle the picture.



) cal) man) ham) cab) fan) fan) nap) lag) mal

Day 3 Activity – ABC Yoga



Do each pose of the ABC Yoga. Take slow breaths in and out.

Airplane	Butterfly	C Cobra	Dog	E Easy Pose
E Frog	Grasshopper	Happy Baby	Linhale	Jack-in-the-Box
Kite	L Lion	Mouse	New Pose	2 2 2 2 0 0 0 0 0 0 0 0 0
Peacock	Q Queen	Rag Doll	Swan	Triangle
Unicorn	Volcano	Waterfall		Z Zero

Day 4 Project-Based Learning

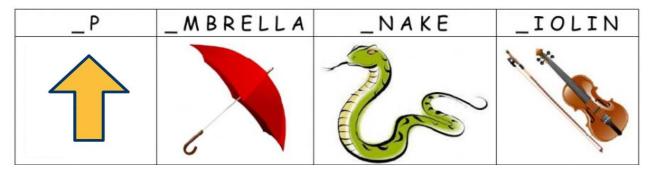


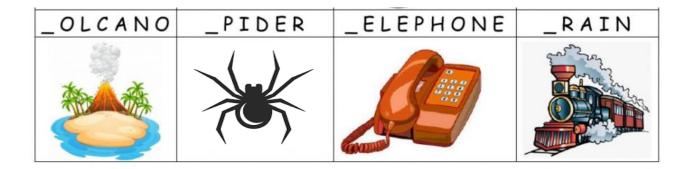
ABC By Me Book for the letters S, T, U, and V.

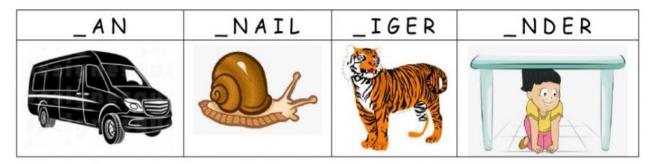


Fill in the blanks with these letters:





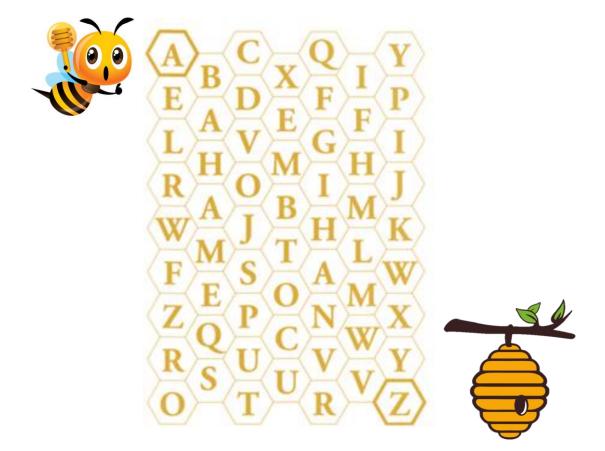




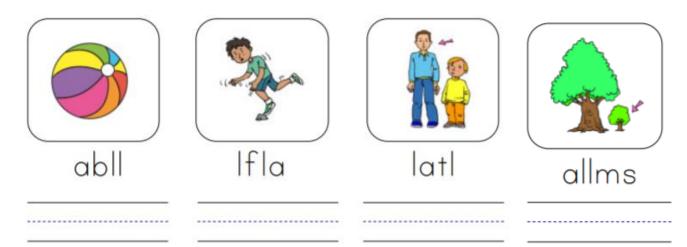




Colour the letters in the correct order to guide the bee back to its beehive.



Unscramble the letters to form the word.



Project-Based Learning

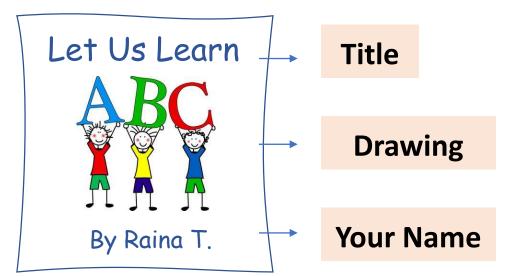


ABC By Me

Once done, arrange the pages in the correct order.

Making the Cover Page

- 1. Think of a good title for your book. (My Alphabet Book, ABC by Me, etc.)
- 2. On a fresh page, design your book's cover:



Tie or staple all the pages together to make your book.

Presenting the Book

- Share your book with family and friends.
- They can ask questions about the book.

Worksheet – Book Trends





You made your own Alphabet Book!

Now, let us collect some information from our book!

How many pages does your book have? Circle the even page numbers.



- 1. Look at what needs to be counted in your book.
- 2. While counting, draw a tally mark ('|') next to it.
- After 4 tally marks, add the 5th mark by drawing a slanting line. So, ₩ is equal to '5'.

Object to Count	Tally Marks	Total
Example: People	++111	7
Three-letter words		
Living Things		
Non-living Things		
Food Items		
Animals in the Land		
Animals in the Sky		

Weekly Reflection



Did I enjoy learning this week?



What are some new things I learned?

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Week 2 Overview





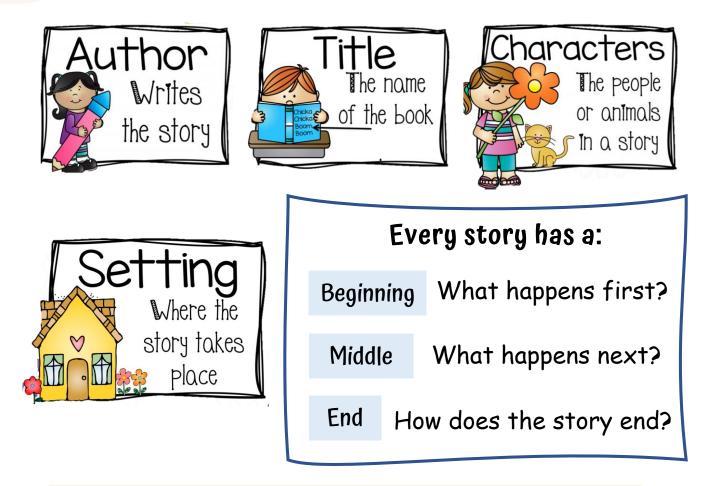




Be Your Own Author

What makes a story interesting?

- A family member will share a story from their life
 OR read out a story to you.
- 2. Identify and tell the following details of the story:



- Did you like the story? Why or Why not?
- Was it interesting?
- What was the best part of the story?
- Retell the story you heard with a different ending.

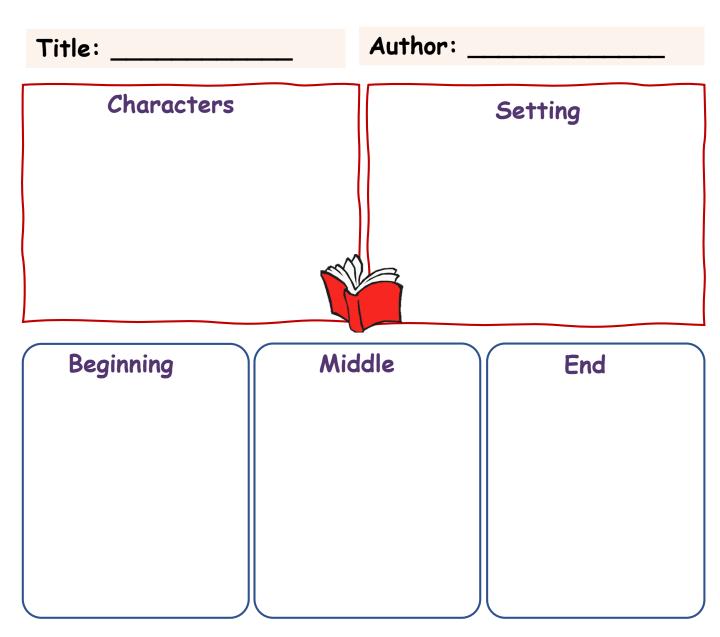
Day 1 Worksheet – Story Map



A Story Map shows us what a story is about.

Draw a Story Map below for the story you heard.









Be Your Own Author

1. Choose one topic to create a story about.



2. Build your story! As you think of your story, draw:

Characters	Setting	What problem does the character face?	How does it get solved?
		character face?	ger conce.

3. Tell the story to someone:

UseFirst, ____theseThen, ____words!Finally, ____

- Did the listener like the story?
- Did you get ideas to change the story?



Day 2 Story Time



The Greedy Mouse

One day, Manny, a mouse, found a very big bun. "I will take this bun into my house," he said. His brother was very hungry.

Written by Herminder Ohri

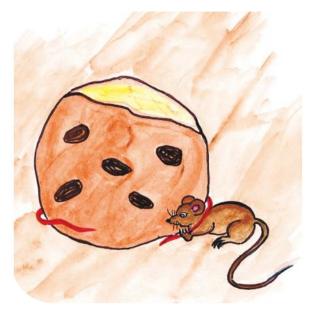




He ran around the bun and pushed it from the left and from the right, but the big bun did not move.

Hmm... I will tie a string around the bun and pull it into my house.

Manny ran to the house and got a string, but it was too short.





The Greedy Mouse



Manny sat down and ate a little bit of the bun. It was very good. He ate a little more, then a little more. The bun became smaller and smaller.



"Yummy! I will eat it all!" he said.

The bun was gone and it was time to go home.

Manny pushed himself but he could not get into his house. Manny sat outside his door holding his stomach.

"I should not have eaten so much bun. I should have shared it with someone."



Make a Story Map for this story.

How would you end this story?







Be Your Own Author

- 1. Draw the Story Map for your own story.
- 2. Let us start making the pages of our story book!

On a page, **draw the characters** of your story and write their names.



On another page, draw the **setting of your story** and write the place's name.







Many Moods

 How do your characters feel when they face problem in your story? Why do they feel that way?

Mood Meter



- 2. Think of a time when you felt the same way. What happened? Why did you feel that way?
- 3. What can make you happy when you feel sad?

Challenge of the Day

- Think of someone you love and care about.
- Draw something for them and give it to them!

Project-Based Learning



Be Your Own Author

1. What will be the beginning of your story?

Some Ideas

Beginning

- How do the characters look?
- How does the setting look? What time is it?
- What is the normal life of the characters like?
- 2. What happens in the middle of your story?

Some Ideas

• What problem does the character face?

Middle

- What do the characters do now?
- On different pages, draw the beginning and the middle of your story.

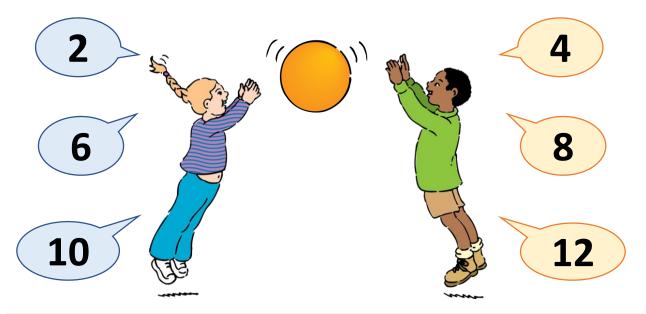
Try and write a simple sentence below the pictures.





How to Play

- In pairs, throw and catch the ball.
- Each time you catch the ball, use skip counting. (In 2s or 5s)



• If the ball drops, start from the beginning.

Which pair reached the number 30 first?

They win the game!

End

Project-Based Learning



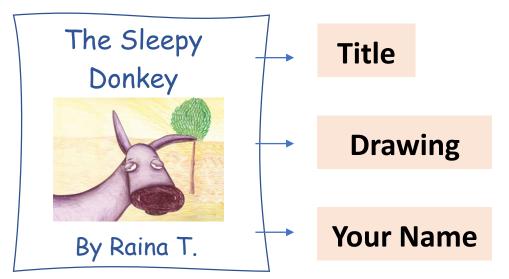
Be Your Own Author

On a fresh page, draw how your story ends. Here are some ideas:

- How did the problem in the story get solved?
- Is the setting same or has it changed?
- What are the characters doing at the end?

Making the Cover Page

1. Make the cover page for your story book as shown below:



- 2. Tie or staple all the pages together to make your book.
- 3. Write the page numbers at the bottom of each page.

Presenting the Book

- Share your book with family and friends.
- What did the listeners like?
- Make changes to your story to make it better.





Storytelling Game

- Three or more players should put 5 to 6 objects in a bag without telling the other.
- 2. Pick out any object from the bag without looking .
- 3. Tell a story about that object to the others. Take turns!

For example, if you pick out a spoon, this could be the story:

The spoon called Spoony was happy as Sam only ate ice-cream. So, Spoony could always taste something yummy and cold.

Then, Sam learnt about healthy eating in school. So, he decided to have green vegetables.

Spoony told Sam - I do not like the taste! Please don't eat it! They fought for a while.

Finally, Sam told Spoony that vegetables make him strong. Spoony loved Sam a lot and decided to help him stay fit.



What did you like about each story? Why?



Weekly Reflection



Did I enjoy learning this week?



What are some new things I learned?

If you liked this, go to our IFERB website for hundreds of more such resources. Visit <u>https://resources.educationaboveall.org</u>

Week 3 Overview





- Paper
- Pen/Pencil

• Tape / Pin

Project-Based Learning





Make ID Cards

Can you create ID cards for your family members?

 Observe this ID Card.
 What does it tell you about the person?



Asif Khan 32 A, Wukair Road **DOB:** 3rd May 2013 **Mob:** 361-421-123

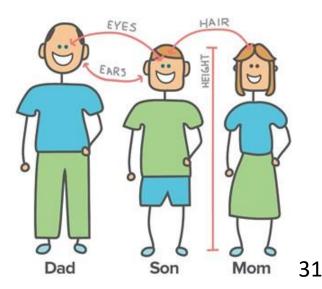
Parents: Ali Khan, Myra Khan Hair: Black Eyes: Brown Blood Type: A +

IDENTIFICATION CARD

Everyone looks and thinks in different ways – these make us special and we must respect these.

- List 5 ways you are similar to your family members.
 List 5 ways in which you are different from them.
- 3. We may look like people in our family. Why do you think so?

Some features and traits are passed down by parents to their children through **genes.**

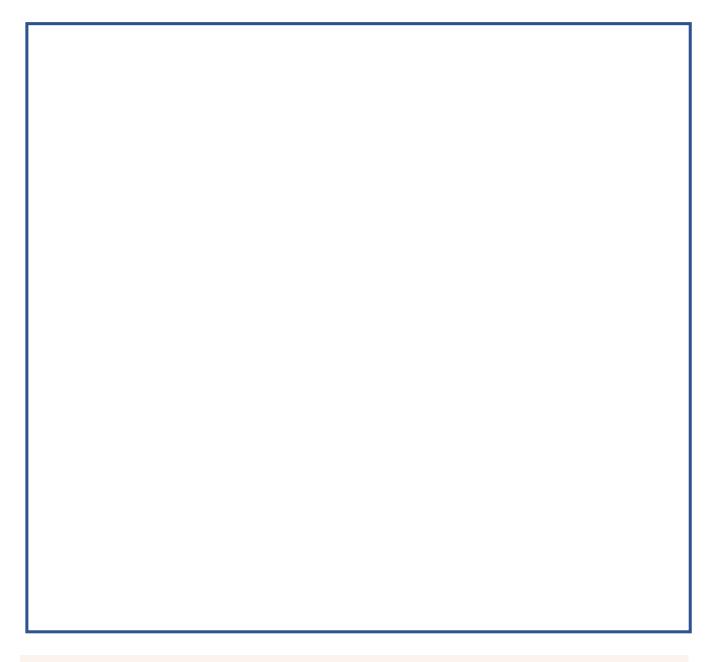






Draw Your Family

Draw your family in the space below. Write their names too!



- How many members are there in your family?
- Think of an adjective (describing word) for each members' looks and quality. (Ex: Mother – Tall, Strong)
- What is one thing you like about each family member?



Project-Based Learning



Make ID Cards

- 1. Think about why we interview people.
- Go through the categories in the table on the next page. Make a list of questions to ask family members using the question words below:

WHAT	What is your name? What is your phone number? What is your address?
WHEN	When is your birthday?
WHO	Who are your parents? Who do you respect a lot?
WHY	Why do you like them?
HOW	How old are you?
WHERE	Where were you born?

Interview 4 to 5 family members.
 Write or draw their responses.





Similar People

Let's see how many family members share similarities!





- Read the interview responses and see which ones repeat.
- Add your own categories to the table below.
- Enter the tally marks and count the total.

Category	Tally Marks	Total
Example: Black Hair	1447	5
Birthday Month:		
Age: More than 10 years		
Favourite Colour:		
Height: More than 5 feet		
Place of Birth:		
Hair Colour:		
Eye Colour:		
Right Handed		
(Add your own category)		

Project-Based Learning



Make ID Cards

Create ID Cards for 3 to 4 family members as shown below.

Age: Height: Height: Birthday: Address: Address: Phone No.: Father's Name:	Name:			
Height: Birthday: Address: Address: Phone No.: Father's Name: Father's Name:	Age:			
Address: Phone No.: Father's Name: Mother's Name: Favourite song: Favourite food: Favourite food: Favourite Colour: Eye Colour:	Height:			
Phone No.: Father's Name: Mother's Name: Favourite song: Favourite food: Favourite Colour: Eye Colour:	Birthday:			
Father's Name:	Address:			
Mother's Name: Favourite song: Favourite food: Favourite Colour: Eye Colour:	Phone No.:			
Favourite song: Favourite food: Favourite Colour: Eye Colour:	Father's Name:			
Favourite food: Favourite Colour: Eye Colour:	Mother's Name:			
Favourite Colour: Eye Colour:	Favourite song:			
Eye Colour:	Favourite food:			
	Favourite Colour:			
Hair Colour:	Eye Colour:			
	Hair Colour:			

You can add more categories too!





What Do You See?

- Take a minute and look at yourself in the mirror.
- Look at your face. Look at yourself.
 Smile at yourself.
- This is you! You are beautiful!

Me and the Mirror Here I am! Looking into the mirror! My name is My friends call me My eyes are		
I like		
Others like	·	
Smile at yourself! This is you. You are beautiful!		





Project-Based Learning



Make ID Cards

- What are some new things you learned about your family members?
- 2. Decorate your ID Cards.

Guessing Game

- Before giving out the cards, read out details from the cards. Do not share the name or the picture.
- Ask the family members to guess whose ID Card it is.

He isyears old. His birthday is on He likes His favourite food is His favourite colour is



Did your family members like their ID Card?
 Do you want to make changes to the cards?



Line Up

Two or more teams of 3 to 4 players each.

How to Play

- Write the ages of all your family members on paper.
- Team 1 write the ages of any 4 family members on pieces of paper. They will stick a number to the back of each player in Team 2.
- Team 2 will do the same for Team 1.
- When the time starts, the teams have to arrange themselves from the smallest number to the largest number without talking.



Which team finished first and correctly? They win the game!





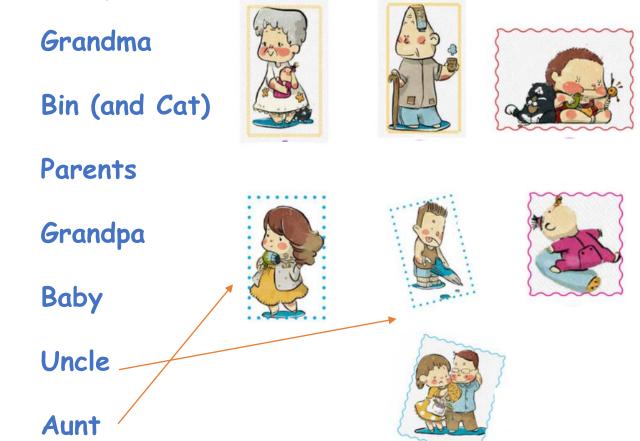




My Big Family

Written by Lưu Thị Lương

Bin has a big family. Can you match the word with the picture?



There are too many people! Bin has nowhere to play.

One day, his family takes an afternoon nap.

Now, Bin and Cat can finally play. It is so much fun!



Day 5 Story Time

Oops! Cat crashed into the chair. There is a loud noise and the baby cries. Mom scolds Bin. Dad scolds Bin. Even Grandma scolds Bin.



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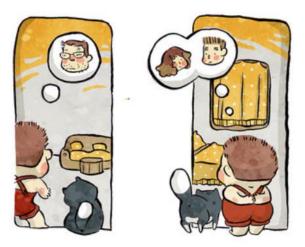


Bin says:

I have no place to play! This house is too small and the family is too big!

Bin cries and falls asleep. When he wakes up, the house seems strange. There is no one home!

This is great. Bin can play!





But suddenly, it goes dark. What happened?

The sky flashes. The cloud rumbles. Bin is scared.



Day 5 Story Time



Where is everyone? Bin feels scared.

Bin hears rain. Then, he hears Mom. And his grandparents, and the baby.



It keeps raining. Then, Dad is home. Uncle and Aunt are home too! Everyone is wet.



Bin feels safe now. He is happy to have a big family and he can always play outside!

- Describe each character using 2 adjectives.
 Write them below the drawings.
- Make a Story Map for this story.
- Have you ever felt scared like Bin? What happened?

Weekly Reflection



Did I enjoy learning this week?

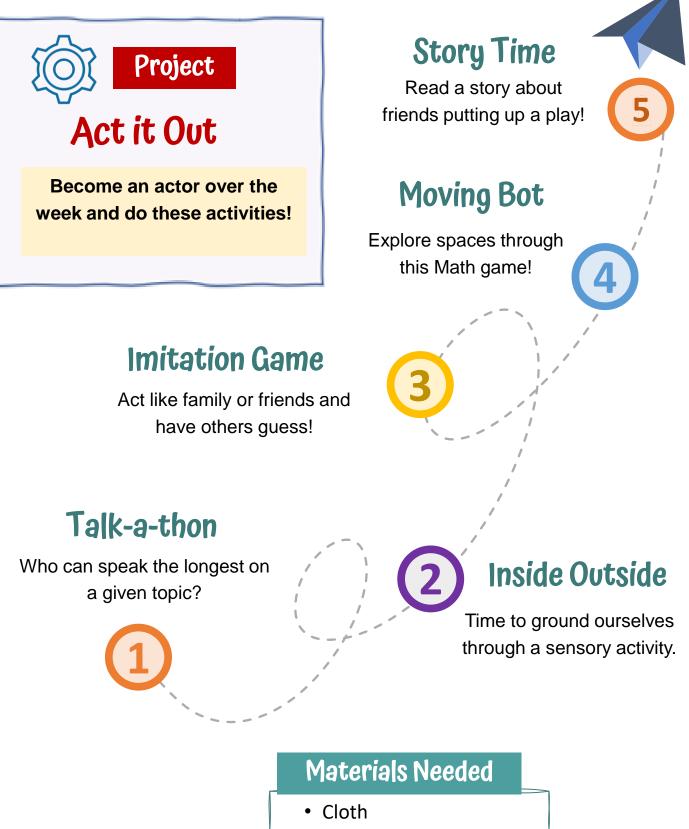


What are some new things I learned?

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Week 4 Overview





Any household object

Day 1 Project-Based Learning





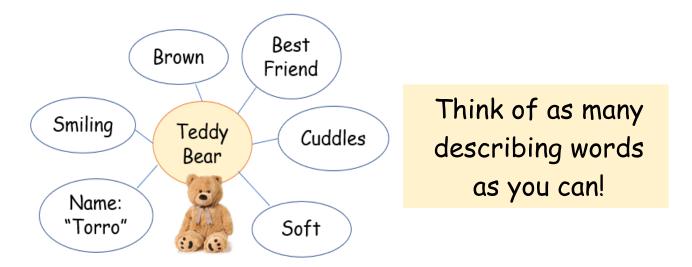


How can a drama communicate an idea?

Show and Tell

Invite your family or friends to do this activity with you!

- 1. Get 2 of your favourite objects from home.
- 2. Draw or write a word web with all the things you want to share about the object. Example:



- 3. Using these ideas, talk about the object with your family and friends.
- 4. Once everyone shares about their object, others have to repeat what was said. So, listen carefully!





Talk-a-thon



Let's Reflect

- Were you able to speak continuously on a topic?
- What was easy for you? What was difficult?
- How does speaking help us share ideas well?

Day 2

Project-Based Learning



Act it Out

Make a list of 5 – 10 actions you did this week.
 (running, walking, writing, eating, sleeping, etc.)

These are called verbs or action words.

2. Act out the verbs without speaking. Others must guess!

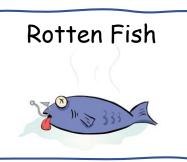
Senses Game

1. What are our five senses?



2. Draw or write at least 1 object that is pleasing and not pleasing as shown below. Cut them out into cards.







3. Pick up each card and 'act out' the reaction. Others must guess the **sense** and **what you are reacting to**.

Each correct guess gets 1 point. The player with the most points wins the game!





Inside Outside

Sit comfortably and take deep breaths.

Look around you. Think of the following and fill in the blanks.

Think of 5 things you can see.

I see,,,,	,, and
Think of 4 things you can hear.	
I hear,,,	, and
Think of 3 things you can touch.	
I can touch,	, and
Think of 2 things you can smell.	
I smell and	
Think of 1 thing you can taste.	
I taste	



Day 3

Project-Based Learning



Act it Out

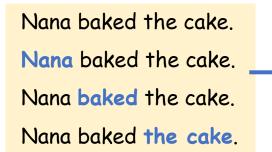
Speaking with Emotions

Say each sentence with the given emotions and notice how different it is. **Do not use hand actions.**

- Do I need a mic?
- I didn't steal your wallet!
- I don't think she will listen to him.



The same sentence can have different meanings based on which words you stress on. Stress on the words in **blue**.



Who baked the cake? Nana. This is important here.

Explore how the meanings change for the others.

Voice Exercises



- Speak only so that Person 1 can hear you. Then, Person 2 and Person 3.
- Pretend you are sharing a secret. Person 3 should be able to hear you.
- Say something angrily. Person 1 should not feel like you are shouting.







Imitation Game

- Act like a person from your family or friends without talking.
- Others have to guess who it is and get **1 point for** every correct guess.



- Now, add dialogues.
- Note: Add what they frequently say and imitate their voice too!

Who scored the most points? They win!

Let's Reflect

What difference did it make when you

used voice and dialogues?



Day 4

Project-Based Learning

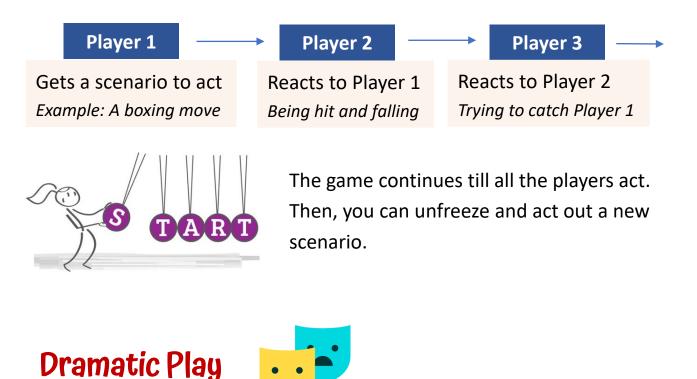


Act it Out

Freeze Game

Minimum 3 players

Players stand in a line. Act and react to each other as shown below.



- 1. Select a **setting** for your play. (School, playground, home, etc.)
- 2. Think of a **scene** to enact for this setting.
- 3. Create **characters** and **dialogues** in this setting.

Who is doing the action? How do others react to the action?

Practise the play with your friends!

Day 4 Math Game



Minimum 3 players

Moving Bot

How to Play



- Mark a start point. Keep an object somewhere.
- DIRECTOR tells the BOT what to do.
 The BOT follows the instructions exactly.
 - Correct direction = **1 point** for the DIRECTOR
 - Direction followed correctly = **1 point** for the BOT



Move 2 steps forward. Turn left. Move 1 step back. Turn right.



Reverse the roles.

Who won the most points? They win the game!

Day 5

Project-Based Learning



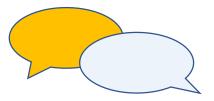
Act it Out

Planning the Play

Select the costumes.



Practise the dialogues.



Emotions Word Stress

Invite family members / peers to watch your play.

Presenting the Play

- 1. Present the play in front of the audience.
- 2. Once done, collect feedback from them:



Day 5 Story Time



It's Play Time

My friends and I are staging a play. The monkeys are getting their long, brown tails fixed.

Written by Neha Singh



The writers are helping the Lion and Mia remember their lines. I play the King.



The palace guards and dancers are practising their dance.

The dance teacher is helping them.

Oh no! Mia tripped over the guard's spear. The first aid team rushes in. Everyone is fine. Phew!





Day 5 Story Time





The audience is coming into the hall. We are so nervous! But I cannot see my family. Where are they? Oh wait! I see them!

Uh oh! My moustache is falling off. The play is about to start. What shall I do?





As an actor, I must think on my feet! Wait and watch - I will be the best King ever.

My hair is my moustache now!

- Who are the characters in the story?
- What is the setting?
- Make a Story Map for this story.
- What do you think the play is about?
- Did you feel nervous while performing? What did you do?



Weekly Reflection



Did I enjoy learning this week?



What are some new things I learned?

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Facilitator

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