

ACT IT OUT

Ages 4 to 7 (Level 1)

Description:Learners will discover the power of connecting with performing words and drama by practicing their skills of speaking, voice modulations, projections and moods for dramatical structures.	
Leading question: How can speech and drama communicate an idea?	
Age group:	4 - 7
Subjects:	Literacy and Drama
Total time required:	5 hours over 5 days
Self-guided / Supervised activity:	Medium Supervision
Resources required:	Pencil and Paper, Props

Day	Time	Activity and Description
1	5 mins	Learners will explore the power of speech and drama to communicate a story by first exploring and brainstorming the question: "How would you best communicate an idea to someone using your actions and voice?" Learners can think about any play or movie they have seen to reflect on the above.
		Learners will begin the project exploring the power of speech and voice.
	30 mins	Show and Tell Activity
		Learners will start with a show and tell with the objective being how much the listeners remember about the object.
		They will gather any of their favourite 2 objects at home and ask their peers or family members to do the same.
		 Learners will either draw or write a word web with all the things they want to share about these objects. (Example on the right) Brown Best Friend Smiling Teddy Bear Cuddles
		Think of all the adjectives or describing words you can when sharing about the object.
		 Learners will show and tell to share all the ideas that they have connected to these objects with their families and peers, each taking a turn to share.



		Everyone should listen carefully.
		3. Once everyone has had a chance to share, the listeners will take turns to repeat what was told about the object that the others presented. Learners can think about what was remembered and accordingly adjust their presentation about the second object.
	20 mins	Talk-a-thon
		Learners continue practicing their ability to talk and present about different topics by doing a Talkathon with the objective being to talk for the longest duration 40 seconds to 1 min about the topic.
		 First Topic: Any family member Learners can choose to make a word-web or image-web before beginning to speak about the topic. Second Topic: Something I learnt in school Learners will speak without any word or image-web.
		You can chose to play a competitive game with family or peers to see who can speak longer on a topic.
5 mins Learners will reflect on the power or importance of speaking/talking important this is to communication.		Learners will reflect on the power or importance of speaking/talking and how important this is to communication.
2		After exploring the power of talking, we will explore the power of acting.
	20 mins	 Learners will make a list of 5 – 10 actions they have done this week. (Example: running, walking, writing, eating, sleeping, etc.) These are called verbs or "action words". Learners will act out each of these verbs without speaking. The others must guess the action.
	20 mins	Senses Game
		Learners will now play a game of reaction and stimulation based on the 5 senses.
	 Learners can make an illustrated list of the 5 senses (<i>Hint: Smell, Touch, Hear, See and Taste</i>) Learners will also make an illustrated / written list of atleast are pleasing or not pleasing for each of the senses. Examples 	
		Sense Not pleasing 😕 Pleasing 😊



		1. Smell	Rotten fish	Flowers
		these pleasing or nor add other. Example: <i>Taste: a sour lemon,</i> <i>Touch: a hot cup, a s</i> <i>Hear: a loud firecrach</i> - Learners will pick up Ex: Jump back and sh - Family members / per reacting to.	facilitator not playing the gam n-pleasing experiences as little their favorite ice cream, etc. tharp pin etc. ker, a beautiful song, etc. pieces of paper and "act out" nake their hands when touching ers need to guess the sense a o get the most people to gues	e chits of paper and / or ' their reactions. ng a hot cup. and what the actor is
	20 mins	Imitation Game Learners will now act like diff have others guess who it is.	ferent people in their families	or friends group and
		 Ex: father reading the Learners can chose to before acting out. Learners will repeat Ex: Dad is reading the always" 	at the family member usually e newspaper or friend drawin o spend some time observing this game after adding voice a e newspaper and saying, "The aged to use catchphrases that s and can also imitate their vo , etc.	g something etc. people around them and statements. ere is so much bad news are statements that the
		Learners will end the day by impact it has when they use	reflecting on the power of act voice and speech.	ing and the additional
3	50 mins		ing the power of the spoken v	
L	I			



	- Do I need a mic?
	- I didn't steal your wallet!
	- I don't think she will listen to him.
	Once the learners have chosen a sentence, they will say the same sentence for different moods - in a sad way, happy way, surprised way, angry way etc. (Please ask the learners to not use any actions.)
	Learners can also add sighs, squeals and sounds to their sentences to convey the expression.
	 Learners will make a list on how to communicate different feelings for 4 different emotions: Sad, Happy/Excited, Angry, and Confused/Surprised. (Ex: Sad will be slow, soft and have sounds like sighs etc.)
	 Learners will also explore how our grammatical punctuation marks support the mood.
	Ex: a question mark, full stop, exclamation mark, comma etc. – they will add this to the list that they are making above
	 Learner will now explore how the same sentence can not only be communicated through many moods, but also changed to have different meanings depending on the words being stressed
	Learners will say the first sentence in a flat tone. The, they will stress on the word in bold. They have to explain how the meaning of the sentence changes each time.
	Grandpa baked the cake.
	Grandpa baked the cake.
	Grandpa baked the cake. Grandpa baked the cake .
	Example: Crandra baked the cake
	Example: Grandpa baked the cake.
	Meaning: The importance is given to 'WHO' baked the cake. Did mom
	make it? Or Grandma? No, <i>Grandpa</i> baked the cake.
10 mins	
	Voice Exercises
	Learners will explore the concept of projecting their voice so that people can hear them clearly.



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		 Learners will count and take 10 steps forward and ask a family member/peer to sit there.
		- Learners will take another 10 steps forward and ask another family
		member/peer to sit there.
		- Learners will repeat this for a third time.
		Now learners will need to speak in a way that the first person can hear them, then the first two and finally all three. (<i>Hint: Try and place your hand on your stomach and project your voice from there. Do not scream.</i>)
		Learners will now pretend they are sharing a secret, but it has to be loud enough for the person in the last row to hear you.
		Similarly, learners must say something angrily –the person in the first row cannot feel like you are shouting at them.
		Learners will end the day reflecting on two things they found interesting or surprising about their own voices.
4		Learners will play different improvization and dramatic plays to get an idea for the final story that they will perform on Day 5.
	20 mins	The Freeze Game
		 Learner 1 is given a theme or action, for example, a boxing move and has to act this out and freeze in the position. Learner 2 has to react to this action, for example. an expression of being hit and almost falling and freeze. Learner 3 has to react to Learner 2, for example, reaching out to catch them with a worried expression and freeze. The game continues for the number of players there are and once all players are done, the learner 1 will unfreeze and enact a new scenario.
		Learners will reflect on the importance of action and reaction – when something happens and how others react to it.
	30 mins	Dramatic Play
		 Learners will chose any theme setting for their final showcase – a place where the story takes place - an airport, a school, a playground etc. They can create their own character in this place and act as such, as they interact with each others in the play. When exploring actions and reactions, one important tool is music - background music can influence what the tone of the play is. Learners can add different types of music by singing or playing songs to the dramatic play to reflect the actions and reactions. Fo example, a happy song, a sad song, suspense music, etc.



		Putting all their learning together, learners will plan a story for their final play by picking a theme, a short story, setting, and characters. They will think of how the characters will act and react in a given situation. (<i>Tip: Learners should only pick one single setting for a 1-act play</i>)
5	50 mins	Learners will plan their dramatic enactment, by writing or orally narrating the lines that the different characters will be saying depending on the story they had picked and the kinds of characters they have.
		 Learners can pick costumes or props from their home for the characters. Learners can add background music as a recording to be played or arrange for a member to sing/give sound effects during the play.
		 Learners should practice their plays thinking about the word stress, voice projection, delivering dialogues, acting out feelings etc. Learners will act out their plays for a small audience of family/peers.
	10 mins	Learners will collect feedback on their play – Did people enjoy it? Why or why not? Learners will reflect on 2 things they loved about their own play and 2 things they can improve upon.
Assessment		- Coherence of the final play
Criteria:		 Ability to project and modulate their voice Use of expressions and emotions when acting
Learning		- Understanding the different characteristics of drama
outcomes:		 Gaining confidence with performing and sharing Understanding the importance of voice modulation and projection

- Learners can write the dialogues for the characters in a 2-scene play where the

- The final production can be a re-enactment of a story that learners know.

Ages 8 to 10 (Level 2)

Additional enrichment

activities:

simplify the project tasks if

need be

Modifications to

setting changes.

Description:	Over the course of a week, learners will practice with key drama
	exercises to become actors while they learn about the basic
	concepts of drama as a genre.
Leading question:	How can drama communicate an idea?



Age group:	8 to 10	
Subjects:	Literacy, Communication skills, SEL	
Topics/concepts covered	 Drama Script Word Stress Play Stage Fright 	
Learning outcomes:	 Tell a story, or recount an experience with appropriate facts and relevant, descriptive details, speaking clearly at an understandable pace and volume. Determine how a message is conveyed through key details in a dramatic text Develop and strengthen writing as needed by planning, revising, and editing Engage effectively in collaborative discussions, building on others' ideas and expressing their own clearly 	
Total time required:	4.5 hours over 5 days	
Self-guided / Supervised activity:	Medium	
Resources required:	Papers, pencil	
Required previous learning	Read with sufficient accuracy and fluency to support	
	comprehension.	

David	Time	Astivity and Description
Day	Time	Activity and Description
1	5 minutes	Introduction to Drama
		To begin with this project ask learners
		 What are some words that come to your mind when you think of 'drama'?
		"A drama is a story that is told through dialogues between characters."
		 How is drama different from reading a story? Which one do you think is better? Why?
		**Note some answers in a place where all learners can read them.
	15 minutes	Imitation Game
		Give the following instruction to learners:
		 Act like a person from your family or friends without talking. Others must guess who it is and they get 1 point for a correct guess. After 1 round, act like a person by adding dialogues (what they say often). Imitate their voice too!



fter playing, encourage learners to think about:1. The different ways in which they can communicate
 The difference ways in which they can communicate What difference did it make when they used voice and dialogues?
*Make groups or pairs for them to compare their answers
enses Game
efore this game you should ask learners about the five senses, let them ame it all and explain to each other their functions.
fter this, ask learners to write in different pieces of paper (Like flashcards) at
east 1 object that is pleasing and not pleasing to each of the senses as shown elow.
or example:
Smell Rotten Fish Flowers
ALT I
*Drawings are optional.
ollect the flashcards in a bag and give turns to learners to pick up each card
nd 'act out' the reaction. Others must guess the sense and what you are eacting to. Each correct guess gets 1 point.
reeze Activity
or this game, learners have to stand in a row (one behind the other). The
rst child will choose a scenario or an action or a situation to act. The next one vill have to react to this scenario and the third one will have to react to the
ction of the second child.
or example:
Player 1
Gets a scenario to act Reacts to Player 1 Reacts to Player 2
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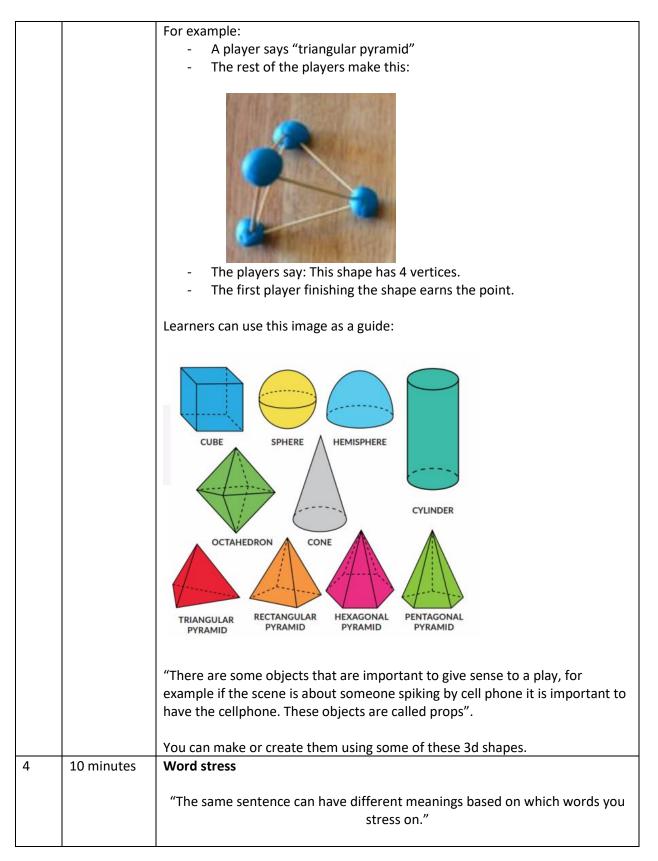


2	30 minutes	Writing a Script
		Learners will think of a story you want to enact. After that, they will Create a Story Map for it. They will Explore the actions/reactions of different events in your story.
		Ask students how do actors know what to say and how to act on stage?
		Learners will write the script for their play as dialogues between characters.
		For example:
		Narrator: It was a bright summer morning in 2008. Ali and his sister, Sara, were discussing how they should spend their holidays at home.
		Sara: We could build a tree house! Or make new games! Or go to our grandparents' place!
		Ali: (Sad) I just want to stay alone, Sara.
		Sara: (Holding his hand) Are you alright, Ali?
		Ask learners about the narrator .
		"Plays often have narrators, who give the audience additional information about what is going on."
		**Give learners enough time for them to write.
	15 minutes	Voice Box
		In this activity learners will follow a breathing guide:
		 Stand with your feet slightly apart. Close your eyes. Breathe in. As you breath out, say: Aaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaa
		** Learners should try saying these sounds loudly and softly
		Ask children how do you feel after doing this activity?

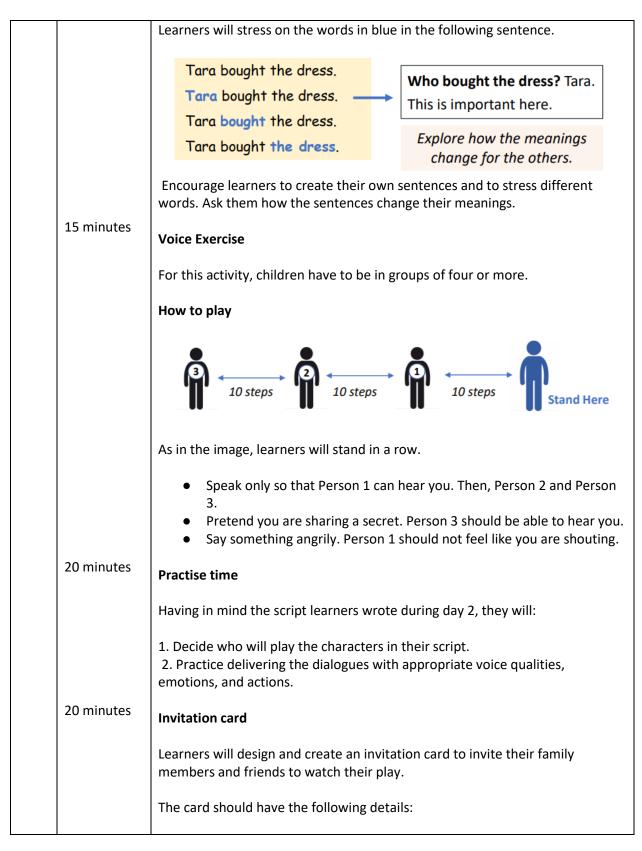


		Give them some possible answers like: Happy, bored, sad, angry, I don't know, fresh, peaceful, calm
3	20 minutes	Speaking with Emotions
		Encourage learners to say the same sentence with the following emotions. Tell them to not use hand actions.
		happy sad confused angry surprised
		After, ask them to think of 2 to 3 scenarios.
		For example:
		 Teacher asking a student why the homework was not done. Doctor examining a patient. Talk show host interviewing a famous actor
		After choosing the scenario, learners will enact them with a family member or friend with these different emotions: bored, fearful, energetic, and sad.
		Then, suggest children to think about how body language changes with different emotions?
		After the activity, ask learners to identify the points in their script where they have to speak with a certain emotion.
	30 minutes	3D Shapes
		**For this activity learners have to be minimum by pairs.
		How to play?
		 A player says a 3D shape. Use dough/clay and small sticks to create the shape. The player to finish the model first, earns 1 point.











	INVITATION> Title
	Dear Mr. Smith, Name
	You are invited to watch the play 'Sara and Ali's Adventure'
	on Thursday, 26th January 2022. \rightarrow Date
	Time: 5:00 pm to 6:00 pm → Time
	Venue: House 12, Hills Compound, Atlas Street, Doha – Qatar
	We look forward to your presence. — Closing
	Regards, Momina R Your (Mob:3766621) Details
	to include more details and to decorate de invitation cards ount their play's plot.
Suggest childre	n to make a guest list and distribute the invitation cards.



5	40 minutes	Act it Out
		Learners will prepare details and present their plays.
		To make this possible, learners should determinate the following aspects:
		 Costumes practice dialogues with emotion background music Setting and props
		Presenting the Play
		Learners will present their plays in front of the audience and their special guests.
		After presenting, learners will respond to the following questions:
		 Did they (audience) enjoy the play? What are 2 things that went well? What could be improved?
		Learners will read their answers to the questions made on day one and will discuss how their thoughts have changed. In addition, they will try to answer, How can drama communicate an idea?
		Story telling
	20 minutes	Read and discuss with the learners the following story
		Stage Fright Written by Yamini Vijayan
		Champa loves singing more than anything else in the whole wide world. When she sings, she is filled with the most marvellous feeling in the world. She sang in the bathroom. And on the roof. She sang to the hills. And to the moon. She sang like a lion. And like a bee. She sang through the rain. And through heat. One day, when Champa sang, Basant's eyes lit up. "I have an amazing idea!" he said. Basant is Champa's best friend, and he was always bursting with ideas. Some were terrific. And some were terrible. "You should sing on Annual Day!" said Basant. "What a terrible idea!" said Champa. "Why not! You love to sing." Champa hadn't told Basant about the only time she got on stage and nearly fainted with fear. "II can't sing in front of so many people. I don't even sing in front of Ma and Pa!" exclaimed Champa. "You do sing around me! All you need is a little practice, Champa." said Basant. "What if Mahi and Paras



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	 laugh at me?" Basant said, "If they do, it just makes them silly and mean. You're an amazing singer." Written by Yamini Vijayan 57 Stage Fright The very thought of singing in front of a crowd filled her stomach with butterflies. Champa was excited and terrified at the same time, but she loved singing so much! So, she decided to give it a try. So, Champa practiced diligently for days. She trained her voice to be the best it can be! Everyone was excited about Champa's big day. They gave her advice: The day before her performance, Champa even held a special rehearsal. It was a roaring success! Finally, it was the Annual Day. When it was her turn to sing, her tongue felt rubbery. The stage is too big! The lights are too bright! There are too many people in the audience! Champa's throat tightened, and her hands were clammy. 58 Stage Fright She remembered to smile at the audience. When she began to sing, out came a whisper. It was as if someone had swallowed her voice! Champa took a long and deep breath and tried again And out came a SQUEAK! There was a loud gasp from the audience. Champa's heart pounded loudly. Thud! Thud! Thud! Her head started to spin. That's when she saw Basant, waving wildly at her. She was so glad to see him. So, she tried again. At first, the song came softly. Although her voice was shaky, it sounded somewhat right. Then slowly, the music flowed out of her, smooth and strong and melodic. It did not matter that the stage was too big. Or that the lights were too bright. Or even that the audience had a LOT of people. Champa let her voice go wild and free. And as she did, she was filled with the most marvelous feeling in the world. Ask to learners: Have you or someone you know experienced stage fright? Why do you think it happens?
	3. Imagine you are Basant. Write a letter to Champa the day before the Annual Day encouraging her to do her best.
Assessment Criteria:	 Learners actively participate and listen to each other while doing the drama exercises. Learners are able to identify strengths and growth opportunities in their own drama performances. Learners design and create invitation cards for their families that include all the relevant information for the play. Learners will identify the characteristics of a drama and apply them in a script that they write. Learners develop an answer to the question "How can drama communicate an idea? They will illustrate their answer with 1-2 examples that may emerge from the activities in the project.



Ages 11 to 14 (Level 3)

Description: Leading question: Age group:	Over the course of a week, learners will practice with key drama exercises to become actors while they learn about the basic concepts of drama as a genre. How can drama communicate an idea? 11 to 14
Subjects:	Literacy, Communication skills
Topics/concepts covered	 Drama Script Dialogue Stage Fright Communication Skills
Learning outcomes:	 Compare and contrast texts in different forms or genres Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience With some guidance and support from peers and adults, develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach Engage effectively in a range of collaborative discussions Adapt speech to a variety of contexts and tasks, demonstrating command of formal language
Total time required:	4.5 hours over 5 days
Self-guided / Supervised activity:	Medium
Resources required:	Papers, pencil, little stick, play dough,
Required previous learning	Learners must be able to write over extended time frames for a range of tasks, purposes, and audiences

Day	Time	Activity and Description
1	5 minutes	Introduction to Drama To begin with this project ask learners
		 What are some words that come to your mind when you think of 'drama'?
		"A drama is a story that is told through dialogues between characters."



	 How is drama different from reading a story? Which one do you think is better? Why?
	**Note some answers in a place where all learners can read them.
15 minutes	Imitation Game
	Give the following instruction to learners:
	 Act like a person from your family or friends without talking. Others must guess who it is and they get 1 point for a correct guess. After one round, act like a person by adding dialogues (what they say often). Imitate their voices too!
	After playing, encourage learners to think about:
	 The different ways in which they can communicate What difference did it make when they used voice and dialogues? **Make groups or pairs for them to compare their answers
20 minutes	Freeze Activity
	For this game, learners have to stand in a row (one behind the other). The first child will choose a scenario, an action, or a situation to act. The next one will have to react to this scenario and the third one will have to react to the action of the second child.
	For example:
	Player 1
	Gets a scenario to act Example: A boxing moveReacts to Player 1 Being hit and fallingReacts to Player 2 Trying to catch Player 1
	The game continues until all the players have acted. Then, they can unfreeze and act out a new scenario.
20 minutes	Cause And Effect
	"Every event in a story or the world around us has a reason why it happens (cause) and a result of it (effect)."
	Learners will use words to communicate causes or effects around a situation or event. Present and discuss with them the following diagram:

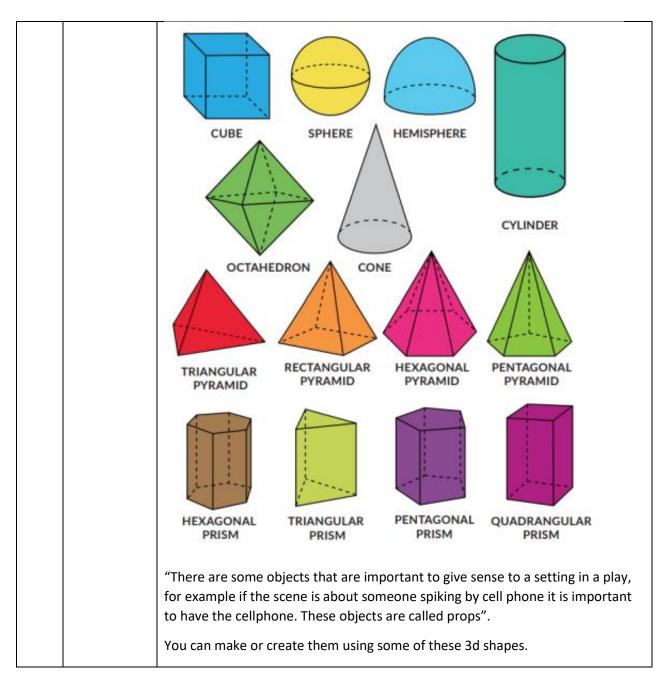


		Linking Words Because Since That is why CRUSE WHY EFFECT WHAT WHAT So Therefore As a result -Ask learners to list 5 events that happen around them. For each event, they will write its cause and effect.
2	30 minutes	Writing a script Learners will think of a story they want to enact. They will make a plot diagram and explore the cause and effect of different events in their story. Ask students how do actors know what to say and how to act on stage? Learners will write the script for their play as dialogues between characters. For example: Open Curtain. Enter Sara. Enter Ali. Same and Ali talk to each other while welking in
		Sara and Ali talk to each other while walking in. Narrator: It was a bright summer morning in 2008. Ali and his sister, Sara, were discussing how they should spend their holidays at home. Sara: We could build a tree house! Or make new games! Or go to our grandparents' place! Ali: (Sad) I just want to stay alone, Sara. Sara: (Holding his hand) Are you alright, Ali? Ask learners about the Stage Directions and narrator.
		"Plays often have narrators, who give the audience additional information about what is going on."



	"Stage Directions are instructions for the team and the actors."
	"You can also write the emotions or actions with which the dialogues should be delivered."
20 minutes	**Give learners enough time for them to write.
20 minutes	3D Shapes
	**For this activity, learners have to be minimum by pairs.
	How to play?
	 A player says a 3D shape. Use dough/clay and small sticks to create the shape. Identify the number of faces, sides and vertices for each shape. The player who finishes the model first and says the number of faces, sides and vertices, earns 1 point. For example:
	 A player says "triangular pyramid" The rest of the players make this:
	 The players say: This shape has four vertices, 4 faces The first player finishing the shape earns the point.
	Learners can use this image as a guide:







3	20 minutes	Speaking with Emotions
		Encourage learners to say the same sentence with the following emotions. Tell them to not use hand actions.
		happy sad confused annoyed surprised
		excited scared
		They can try by saying the following sentences:
		 Can you help me out? I completed my work today. I have to tell you something. If they prefer they can write their own sentence
		After, ask learners to think of 2 to 3 scenarios.
		For example:
		 Teacher asking a student why the homework wasn't done. Doctor examining a patient. Talk show host interviewing a famous actor Police talking to a suspect. After choosing the scenario, learners will enact them with a family member or friend with these different emotions: bored, fearful, energetic, and angry.
		Then, suggest children to think about:
		 How body language changes with different emotions? Do our emotions affect the way we speak? How? Add the emotions for different dialogues to the script.
	15	Voice Box
	15 minutes	In this activity learners will follow a breathing guide:
		 Stand with your feet slightly apart. Close your eyes. Breathe in. As you breath out, say: Aaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaa



		 Breathe in. As you breath out, say: Ooooooooooooooooo (Repeat 3 times)
		 Breathe in. As you breath out, say: Mmmmmmmmmmm (Repeat 3 times)
		** Learners should try saying these sounds loudly and softly
		Ask children how they feel after doing this activity?
		Give them some possible answers like: Happy, bored, sad, angry, I don't know, fresh, peaceful, calmAlso encourage them to find a different emotion,
4	15 minutes	Voice Exercise
		For this activity, children have to be in groups of four or more.
		How to play
		$ \begin{array}{c} 3 \\ 3 \\ 10 \ steps \end{array} \begin{array}{c} 2 \\ 10 \ steps \end{array} \begin{array}{c} 1 \\ 10 \ steps \end{array} $
		As in the image, learners will stand in a row.
		 Speak only so that Person 1 can hear you. Then, Person 2 and Person 3. Pretend you are sharing a secret. Person 3 should be able to hear you. Say something angrily. Person 1 should not feel like you are shouting.
	25 minutes	Practise time
		Having in mind the script learners wrote during day 2, they will:
		1. Decide who will play the characters in their script.
		2. Practise delivering the dialogues with appropriate voice qualities, emotions, and actions.
	10 minutes	Sound as Gesture
		Learners will imitate the sounds below only with their voice. Others will guess them.
		 bite • overturn a chair • a pair of scissors • dripping water • fruit seller • moving car • chop wood • sweep the floor • suspense
		Learners can also write in a piece of paper 2 different sounds for others to imitate.



	After they play, invite children to think about:
	What are we able to understand just with sound?
	Afterwards, they should add sounds, music, or songs to their play to make it more interesting and support the plot.
20 minutes	Invitation card
	Learners will design and create an invitation card to invite their family members and friends to watch their play.
	The card should have the following details:
	INVITATION> Title
	Dear Mr. Smith, Name
	You are invited to watch the play 'Sara and Ali's Adventure'
	on Thursday, 26 th January 2022. → Date
	Time: 5:00 pm to 6:00 pm Time
	Venue: House 12, Hills Compound, Atlas Street, Doha – Qatar Venue
	We look forward to your presence. — Closing
	Regards, Momina R. (Mob:3766621) Vour Details
	Invite learners to include more details and to decorate de invitation cards taking into account their play's plot.
	Suggest children to make a guest list and distribute the invitation cards.



5	40 minutes	Act it Out
		Learners will prepare details and present their plays.
		To make this possible, learners should determinate the following aspects:
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		Presenting the Play
		Learners will present their plays in front of the audience and their special guests.
		After presenting, learners will respond to the following questions:
		 Did they (audience) enjoy the play? What are 2 things that went well? What could be improved? Learners will read their answers to the questions made on day one and will discuss how their thoughts have changed. Also, they will try to answer, How can drama communicate an idea?
		Story telling
	20 minutes	Read and discuss with the learners the following story
		Stage Fright
		Written by Yamini Vijayan
		Champa loves singing more than anything else in the whole wide world. When she sings, she is filled with the most marvelous feeling in the world. She sang in the bathroom. And on the roof. She sang to the hills. And to the moon. She sang like a lion. And like a bee. She sang through the rain. And through heat. One day, when Champa sang, Basant's eyes lit up. "I have an amazing idea!" he said. Basant is Champa's best friend, and he was always bursting with ideas. Some were terrific. And some were terrible. "You should sing on Annual Day!" said Basant. "What a terrible idea!" said Champa. "Why not! You love to sing." Champa hadn't told Basant about the only time she got on stage and nearly fainted with fear. "II can't sing in front of so many people. I don't even sing in front of Ma and Pa!" exclaimed Champa. "You do sing around me! All you need is a little practice, Champa." said Basant. "What if Mahi and Paras laugh at me?" Basant said, "If they do, it just makes them silly and mean. You're an amazing



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	singer." Written by Yamini Vijayan 57 Stage Fright The very thought of singing in front of a crowd filled her stomach with butterflies. Champa was excited and terrified at the same time, but she loved singing so much! So, she decided to give it a try. So, Champa practiced diligently for days. She trained her voice to be the best it can be! Everyone was excited about Champa's big day. They gave her advice: The day before her performance, Champa even held a special rehearsal. It was a roaring success! Finally, it was the Annual Day. When it was her turn to sing, her tongue felt rubbery. The stage is too big! The lights are too bright! There are too many people in the audience! Champa's throat tightened, and her hands were clammy. 58 Stage Fright She remembered to smile at the audience. When she began to sing, out came a whisper. It was as if someone had swallowed her voice! Champa took a long and deep breath and tried again And out came a SQUEAK! There was a loud gasp from the audience. Champa's heart pounded loudly. Thud! Thud! Her head started to spin. That's when she saw Basant, waving wildly at her. She was so glad to see him. So, she tried again. At first, the song came softly. Although her voice was shaky, it sounded somewhat right. Then slowly, the music flowed out of her, smooth and strong and melodic. It did not matter that the stage was too big. Or that the lights were too bright. Or even that the audience had a LOT of people. Champa let her voice go wild and free. And as she did, she was filled with the most marvelous feeling in the world.
	Ask to learners: 1. Have you or someone you know experienced stage fright? Why do you think it
	happens?
	2. What does the phrase "butterflies in my stomach" mean?
	3. Imagine you are Basant. Write a letter to Champa the day before the Annual Day encouraging her to do her best.
Assessment Criteria:	 Learners actively participate and listen to each other while doing the drama exercises. Learners are able to identify strengths and growth opportunities in their own drama performances.
	 Learners design and create invitation cards for their families that include all the relevant information for the play. Learners will identify the characteristics of a drama and apply them in a
	script that they write.
	 Learners develop an answer to the question "How can drama communicate an idea? They will illustrate their answer with 1-2 examples that may emerge from the activities in the project.