

Social Emotional Learning (level 3)
Assessment Questions

Superhero Academy

1. What is a challenge? Give an example from your own life.
2. What is meant by mindfulness?
 - A) having self-confidence
 - B) being aware of your thoughts and feelings in the present moment
 - C) doing yoga
3. Give 3 examples of things you can do to build your strength.
4. What is a superpower?
5. What are two goals you have set for yourself?
6. Why is setting goals important for your life? How does setting goals help in achieving success?
7. How can one use their strengths to contribute positively to the community?

Empathy Museum

1. Choose the correct usage of the idiom “walk a mile in their shoes”:
 - A) Can she walk a mile in their shoes? She needs it for the race.
 - B) Borrow her shoes, tie the laces and walk a mile in them for today.
 - C) Walk a mile in my shoes before you tell me I made the wrong choice.
2. Fill in the blanks using the words ‘empathy’ or ‘sympathy’.
 - A) The father felt _____ with his son when he was upset about not doing well in his exams. “This has happened to me too. You will bounce back, son,” said the father.
 - B) She felt _____ for the old patients at the hospital.
3. Look at the picture given below and answer the following questions:



- A) Imagine you are the cat. What would you think, feel, say and do in this situation?
Write an empathetic response.

- B) What is the boy's point of view in this situation?
4. Give 3 examples of how you would show empathy to people you do not personally know, in your day-to-day life.

Conflict Resolution

1. What is conflict?
2. What are some causes of conflicts?
3. Convert the following sentences from direct into reported speech:
 - A) I learned to swim when I was 7 years old.
 - B) I enjoy drawing natural scenes.
4. What is empathy? What is the difference between empathy and sympathy?
5. Identify 2 different strategies to resolve a conflict.
6. Explain the importance of empathy in managing conflicts.
7. Describe a time when you used empathy to resolve a conflict.
8. Why is it important to manage conflicts in a healthy way?
9. How can different perspectives help us to understand an issue better?
10. Why is it important to make apologies during a conflict?
11. Situation: You and your friend both want to play with the same toy. Your friend grabbed the toy first and is not willing to share it with you.
 - A) What is the conflict in this situation?
 - B) What are some strategies you can use to resolve the conflict with your friend?

Rights and Responsibilities

1. In your own words, what do we mean by "rights"?
2. Name three rights that children have. Why is it important to have these rights?
3. What is the Convention on the Rights of the Child?
 - A) A law that only applies to adults
 - B) A treaty that sets out the rights of children all over the world
 - C) A book about the history of children's rights
 - D) A type of school assignment
4. How does the Convention on the Rights of the Child protect children's rights? Can you give an example of a right that is protected under this convention?
5. Match the right with its corresponding responsibility:

Right to education	Responsibility to do homework
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Right to play	Responsibility to be safe
Right to be protected from harm	

6. Give an example of something you need versus something you want. Why is it important to understand the difference between the two?
7. Scenario: You see a classmate being bullied. What can you do to show responsibility and help them?
8. Explain why it is important for us to know about our rights and responsibilities?
9. Explain why it is important to raise awareness about human rights?
10. What are some things you can do to promote human rights in your community? Why is it important to work together to promote these issues?
11. How can your actions affect the people around you, like your family and friends? Can you give an example?

Gender Equity

1. What are gender stereotypes?
2. Can you give 2 examples of gender stereotypes?
3. What is the meaning of empathy?
4. How do gender stereotypes affect how people treat others?
5. How can you practice empathy?
6. Can you think of a situation where you have shown empathy towards someone?
7. How can you combat generalizations and assumptions about others? How can we promote empathy and combat stereotypes in our communities?
8. Why is it important to identify safe people in our lives?
9. What are the characteristics of a healthy relationship?
10. Why is it harmful to make assumptions and generalizations about others based on their gender or other characteristics?

Refugees in Today's Society

1. What makes someone a refugee?
2. What is the difference between a migrant and a refugee?
3. What are the basic human rights that are guaranteed to all people, including refugees?

4. Can you take the perspective of a refugee and explain what challenges they might face in their daily lives?
5. Identify a problem faced by refugees and propose a solution.
6. Analyze the impact of a particular human rights violation on the life of a refugee.
7. Why is it important to distinguish between migrants and refugees?
8. How can we promote social awareness and empathy towards refugees in our communities?
9. How do refugees contribute to the social, cultural, and economic fabric of our societies?
10. What factors do you think influence policies about refugee resettlement?
11. Do you believe hosting refugees can be beneficial? Why/Why not?